



Proxy account handout for parents'

Dear Parent/Guardian,

We want to inform you about an important change regarding your child's health records when they turn 13 years old. This change to meet compliance with Connecticut state law and is designed to give your child the designated and appropriate control over their healthcare information as they enter their teenage years.

Why is this change happening?

When your child reaches the age of 13, they are legally entitled to greater privacy and control over their health information. This is meant to create and improve patient confidentiality with your child, allowing them to ask and talk about sensitive topics, and for their practitioner to have the fullest knowledge of their health and ability to treat. As a result of our responsibility to their confidentiality, this means that you may have more limited access to their medical records. This can be changed and granted increased access with your child's assent.

When will this change take effect?

This change will take place immediately or go into effect when your child turns 13 years old.

What should you do?

We encourage you to start a conversation with your child about their healthcare and the importance of sharing information with you, especially as they grow more independent. We will begin discussing this topic during your child's 10-year-old visit or at any point you feel is appropriate. Together, you and your child can come up with a plan that respects their privacy while ensuring their health needs are met.

How can your child grant permission for full access?

Your child can grant permission for you to have full access to their health records by signing a assent form. We will provide this form when your child turns 13. Until then, you will continue to have access as you do now. Then, when your child turns 18 years old, all access defaults to your now adult child, who can choose to add you as another person that is able to access their medical records.

Our Commitment

We are committed to providing the best care for your child while respecting their developing rights to privacy and autonomy. If you have any questions or concerns about this change, please do not hesitate to contact our office. We are here to support you and your child's healthcare journey.

Thank you for entrusting us with your child's health.